



1st & 2nd GRADE COED BASKETBALL RULES

GOAL: The goal of the 1st & 2nd grade coed basketball program is to provide a positive and fun learning experience for all participants. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship while stressing equal participation for all.

1. Basket Height = 8 ft.
2. Ball Size = 28.5
3. Number of Players: A team will play with 4-5 players on the court depending on team attendance. 4 players is preferred, 5 is allowed if a team has 9 or more players.
4. Length of Game: A game will consist of four, eight-minute quarters with a running clock. There will be a five-minute half time.
5. Start of Game Possession: Coin flip or rock-paper-scissors. The team awarded possession starts with a throw-in at half court.
6. Substitutions: At the four-minute mark of each quarter, there will be an automatic substitution. We recommend using a rotation to ensure all players receive equal playing time.
7. Timeouts: There are no time outs for this division.
8. Scoring: Score will not be kept.
9. Defense
 - a. Players can not steal the ball off the dribble. "No stealing off of the dribble," is based on best practices promoted by USA Youth Basketball Development.
 - b. Defense can intercept passes. But if it is a pass from the back court to front court the defender cannot intercept until the ball crosses the mid-court line.
 - c. No full court defense, defenders can start guarding once the ball gets to the three point line area.
 - d. Player-to-player defense only.

- e. Basic defensive moves such as switching, sliding through, and helping on the weak side are permissible, double teaming is not.
 - f. No pressure on defensive rebounds.
10. Officiating
- a. High school volunteers, college volunteers, adult volunteers and Lewiston Recreation Staff will officiate games. If we are low on helpers, coaches may be asked to help officiate.
 - b. At this level of play not all fouls or infractions may be called. Please remember the referees are not sanctioned officials and need to be treated with respect. All concerns should be addressed to Alyssa Davis, Deputy Recreation Director.
 - c. Fouls will not be recorded and there will be no foul shots.
11. Spectators: All spectators are required to sit upstairs. All spectators, coaches, and players are not allowed on the stage, including the stairs.

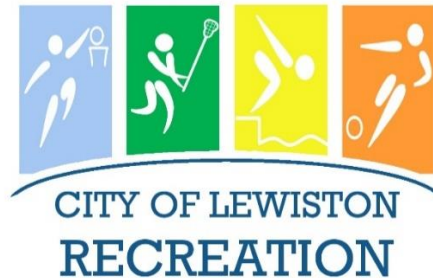
CONTACT INFORMATION

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