

LAKE REGION COURSE – Dynamo Cross Country League – Saturday, September 14th, 2024

HALF MILE COURSE



The finish line is an estimate. It will be determined after all the stakes and cones are put in.

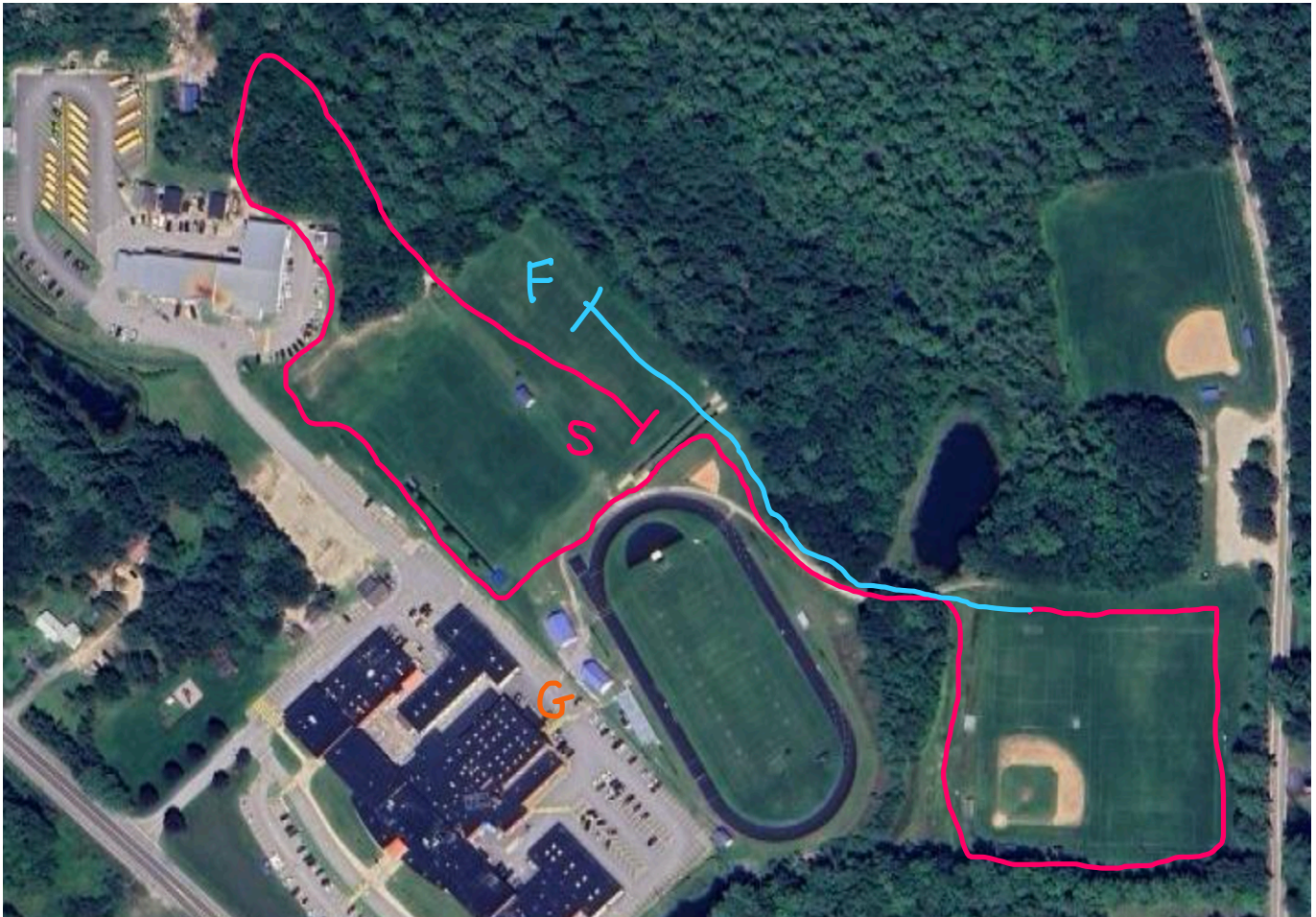
Course walk at 12:30 PM.

Race order, starting at 1:00 PM:

- 8 & under HALF MILE
- 8 & under ONE MILE
- 9 & over ONE MILE
- 9 & over TWO MILES

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ONE MILE COURSE



Start at finish lines are estimates. If I can go wide enough on the turns then I might be able to have the start/finish at the same place – thus allowing us to have the two mile run be exactly two loops. If not, then I will figure out an alternate finish for the two-mile run.

Course walk at 12:30 PM.

Race order, starting at 1:00 PM:

- 8 & under HALF MILE
- 8 & under ONE MILE
- 9 & over ONE MILE
- 9 & over TWO MILES