



# **Adult Coed Soccer Rules**

**Philosophy:** This league is intended for everyone to come together and play soccer where men and women have equal opportunity to play competitively and have fun. Good sportsmanship with opponents, referees, director, and staff is required. Any poor sportsmanship, cursing, and/or arguing with referees, opponents, staff, or director may result in a technical foul (see more below in policies).

*Please carefully read the following rules. Failure to comply may result in a fine of \$100 or dismissal from the league.*

1. **You must be 18 years old by the first day of the league.** (If a player is found to be younger than 18, this player will be removed from the league and the captain of the team will be charged a \$100 fee)
2. **8 players on the field. There may only be up to 6 men on the field at one time** (You may have more than 2 women playing at one time)
3. **You must play in at least 3 games during the season to be eligible for playoffs**
4. **You can only be registered on one team during the season**
5. **When needing extra players, you must ask people who are already on another team's roster. Both captains must agree to the extra players.**
6. **All session games will be 2 - 25 minute halves with a 2 minute half time**
7. **All playoff games will be 2 - 15 minute halves with a 2 minute half time**
8. **A win is 3 points, a tie is 1 point, and a loss is 0 points. PKs only in playoffs**
9. **You may add players to your roster up until October 22** (Please let Lauren know if you are adding players, she will add them to your roster)
10. **There will be offsides.**

- 11. No sliding** (You may slide if no one is around you. Depending on the situation you could receive a yellow card)
- 12. All out of bounds will be thrown in.** (Corner kicks will be kicks, goal kicks will be goal throws)
- 13. Goalie must be in a different color than both of the teams playing**
- 14. All team members must be in the same color**
- 15. All fouls & handball will be DIRECT KICKS**
- 16. Offsides & dangerous play is a INDIRECT KICK**
- 17. A foul in the box will be a penalty kick (PK)**
- 18. A yellow card will result in sitting out for 10 minutes**
- 19. A red card will result in sitting the rest of the game and you will have to sit out the following game**
- 20. If you receive a second red card you will be removed from the league**
- 21. Please do not argue with the referee. If there is a concern the captain may talk to the referee.**
- 22. Have good sportsmanship and have fun**

*\*Rules are subject to change.\**

### **League Staff:**

- On-Site Supervisor/Coordinator: Lauren Berube
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