

LEWISTON RECREATION

January-February 2025 Newsletter

65 Central Avenue, Lewiston, Maine 04240
Phone: 207-513-3005
General Email: recdept@lewistonmaine.gov



LEW **IS** **TON** **Maine**
Volume 1, Issue 3

What's Inside?

Adult Dungeon and Dragon Program!
Continued Partnership with Bates Athletics!
Youth Sports Victories!
Indoor Pickleball Hours!

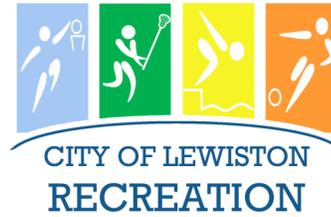
January-February 2025 Newsletter

Lewiston Recreation Department

Lewiston Armory, 65 Central Avenue
Lewiston, Maine 04240

Office Phone: 207-513-3005

Fax Number: 207-786-0783



General Inquiry Email: recdept@lewistonmaine.gov

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***For a complete listing of all programs,
head to lewistonrecreation.com!***

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nwelch@lewistonmaine.gov

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aclark@lewistonmaine.gov

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tduchette@lewistonmaine.gov

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dpike@lewistonmaine.gov

Stephanie Cote, Age-Friendly Coordinator

scote@lewistonmaine.gov

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cmorin@lewistonmaine.gov

Department Policies

Program and Facility Registration: Program registrations take place on our website, lewistonrecreation.com. If you are new to Lewiston Recreation, please create an account. From here, all program and facility reservations can be completed, including payment. Please make sure your contact information, including email and phone number, are accurate. Call our main office at 207-513-3005 for assistance.

Program Payments: Program fees are due upon registration. Payments can be made on the website, through the mail, over the phone, or in person. All credit card payments are subject to a 2.5% fee.

Non-Resident Fee: Program participants who do not live in Lewiston will be subject to a Non-Resident Fee. This will range depending on the program.

Program Cancellation: If Lewiston Recreation cancels a program due to low enrollment, registrants will receive a 100% refund.

Refunds: If the registrant withdraws from a program before the program begins, a \$10.00 administrative fee will be charged, and the registrant will receive the remainder for their refund minus up-front program costs incurred. Registrants who withdraw after the program begins will receive a pro-rated refund minus the \$10 administrative fee. Refunds will be made in check form, and will take 2-3 weeks to process. The registrant may choose to keep their cancellation as an account credit that can be used towards future programs. Deposits are non-refundable.

Weather Cancellations: If the weather impacts travel to/from a program, or holding a program will be unsafe for the participants or damage a field, the decision will be made to cancel. Cancellations will be made 2-3 hours before the start of the program. Lewiston Recreation will post the cancellation on our Facebook page, and will also email registered participants. We will do our best to reschedule cancelled programs.

Here is a snapshot of our...

DAYTIME PROGRAMMING

AT THE LEWISTON ARMORY!

Learn more about all our programs at lewistonrecreation.com!

INDOOR PICKLEBALL IS BACK!



BACK!
R \$2/NR \$3

Beginner:
Wednesday 12:00 PM - 2:00 PM

Open Play:
Monday/Wednesday/Friday 8:00 AM - 12:00 PM
Thursday 12:00 PM - 2:00 PM



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KIDDIE GYM

AT THE LEWISTON ARMORY

Ages 0-5
Lewiston Armory
Room 106

DROP-IN FEE!
\$1 R/\$2 NR
Per Child

Mondays 9a-12p
Tuesdays 12p-2p
Wednesdays 9a-12p
Thursdays 12p-2p

Adult Supervision Required

FMI: email Devin Pike,
Youth and Family Program
Aide, at
Dpike@lewistonmaine.gov



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Lewiston Age Friendly 50+ Programs

Come to Play or Learn



Canasta Every Monday@1:00
Casual Cribbage Every Tuesday@1:30
at the Lewiston Armory-65 Central Ave. Lewiston

All levels welcome!
FREE for Lewiston Age Friendly Members
\$1 for Non Members

Questions about this program and membership can be directed to
Stephanie Cote, Lewiston Recreation Age-Friendly Coordinator.

Stephanie Cote, Age Friendly Program Coordinator
Lewiston Recreation Department
65 Central Avenue, Lewiston, Maine 04240
Phone: 207-513-3059 Web: www.lewistonrecreation.com
Email Address: scote@lewistonmaine.gov



CHAIR YOGA CLASSES

\$4 PER PERSON OR
\$3 FOR AGE-FRIENDLY MEMBERS

JOIN US FOR AN UPCOMING CLASS!
Tuesday and Thursday mornings
9:00 AM - 10:00 AM
Lewiston Armory, Drill Room



- ✓ Boost your mental health
- ✓ Increase circulation
- ✓ Enhance flexibility and strength

Register at lewistonrecreation.com, or call Stephanie Cote, Age-Friendly Program Coordinator at 513-3059!



-THANK YOU- Bates Student Athletes!

Our partnership with the Bates Athletic Department has continued into the cooler months!
Thank you to the Bates Women's and Men's Basketball Team for putting on a free clinics for
80+ youth athletes!



We had 4 DAYS OF FUN at **DECEMBER VACATION CAMP!**



**Join us for our February Vacation
Camp! Head to
lewistonrecreation.com to
reserve your child's space!**

LRD Boys Summer Track Program named State Champions for Medium Size Team!



On November 16, 2024, USA Track and Field presented the Lewiston Recreation Department with the 2024 Youth State Meet Medium Team Boys Championship plaque!

Congratulations to all of our track coaches: Danielle, Erica, Jamerson, TJ, Justin, Dan Sheri, Kelly and Natasha! Thank you also to the LHS Track Team for their support of our young athletes.



Congratulations to our 5th/6th Co-Ed Team for winning the Richmond Tournament in October!



YOUNG FILM-MAKERS CLUB

Create a short film with professional guidance in all aspects of film-making and videography

Wednesdays & Fridays
January 8-31
5pm-6pm
\$65 Res/\$70 Non-Res



Expert advice in:

- ▣ Scriptwriting
- ▣ Storyboarding
- ▣ Cinematography
- ▣ Sound
- ▣ Editing

Taught by Devin Pike
(B.A in Film Production)

For more information contact
Devin Pike, Youth and Family
Program Aide at
dpike@lewistonmaine.gov

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LEARN TO PLAY ULTIMATE THIS WINTER!

Youth ULTIMATE FRISBEE





OPEN TO ANYONE IN GRADES 5-12!

FREE SIX WEEK PROGRAM!

Sponsored by Maine Ultimate
Hosted by Lewiston Recreation

Join us on Sunday mornings in January and February for a FREE Ultimate Frisbee Program!
Dates: Sundays, 1/5 - 2/9
Time: 9:30 AM - 11:00 AM
Location: Lewiston Armory, 65 Central Avenue
Cost: FREE

All abilities/All towns are welcome to join!
Players receive a FREE MAINE ULTIMATE DISC and a MAINE ULTIMATE REVERSIBLE JERSEY!

Register online at lewistonrecreation.com
Contact Nicole Welch at nwelch@lewistonmaine.gov or 513-3005 with any questions.






REGISTRATION OPENS ON 2/3/25!

Lewiston Recreation SUMMER CAMP

VISIT LEWISTONRECREATION.COM

Dessert and Discuss

FREE EVENTS!
Sponsored By: **AARP** Maine

January 29: Lewiston Housing Authority

February 26: Discussion about Lewiston's Valuation Process with William Healey-Lewiston's Chief Assessor

Register for these free seminars at lewistonrecreation.com




DUNGEONS & DRAGONS AND WRITING

Who: Anyone 18+

Cost: \$20

Location: Lewiston Armory

Dates: Thursdays, 1/9-2/13

Time: 5:30 PM - 6:30 PM



Dungeons & Dragons is a collective storytelling game played amongst friends with dice telling you what you can and can't do. Over the course of 6 weeks, come to the Armory, build a character, and go on an adventure with us. What makes this particular D&D game unique is that we will be taking breaks over the course of the game to allow writers space to write the story of their character, with the hope that — at the end of it all — the story will continue.

Register at lewistonrecreation.com



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