LEWISTON RECREATION Spring-Summer Newsletter 65 Central Avenue, Lewiston, Maine 04240

65 Central Avenue, Lewiston, Maine 04240 Phone: 207-513-3005 General Email: recdept@lewistonmaine.gov

TON R Volume 1, Issue 4

CITY OF LEWISTON RECREATION





2025 Spring/Summer Program Brochure

Lewiston Recreation Department, 65 Central Avenue, Lewiston, Maine 04240

Office Phone: 207-513-3005 Fax Number: 207-786-0783 General Inquiry Email: recdept@lewistonmaine.gov

"Support the growth of a healthy Lewiston through recreation programs, special events, and community connections."

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Lewiston Recreation Department Staff

Cheryl Morin, Senior Principal Clerk cmorin@lewistonmaine.gov

Stephanie Cote, Age-Friendly Coordinator scote@lewistonmaine.gov

Stephan Samba, Community Sports Aide <u>ssamba@lewistonmaine.gov</u>

Devin Pike, Youth and Family Program Aide <u>dpike@lewistonmaine.gov</u>

Tim Duchette, Recreation Building Aide tduchette@lewistonmaine.gov

Alyssa Davis, Deputy Director of Recreation adavis@lewistonmaine.gov

Nicole Welch, CPRP, Recreation Director <u>nwelch@lewistonmaine.gov</u>

Department Policies and Procedures

Program and Facility Registration: Program registrations take place on our website, lewistonrecreation.com. If you are new to Lewiston Recreation, you must first create an account. From here, all program and facility reservations can be completed, including payment. Please make sure your contact information, including email and phone number, are accurate. Call our main office at 207-513-3005 for assistance.

Program Payments: Program fees are due upon registration. Payments can be made on the website, through the mail, over the phone, or in person. All debit and credit card payments are subject to a 2.5% fee.

Non-Resident Fee: Program participants who do not live in Lewiston will be subject to a Non-Resident Fee. This will range depending on the program.

Program Cancellation: If Lewiston Recreation cancels a program due to low enrollment, registrants will receive a 100% refund.

Refunds: If the registrant withdraws from a program before the program begins, a \$10.00 administrative fee will be charged, and the registrant will receive the remainder for their refund minus up-front program costs incurred. Registrants who withdraw after the program begins will receive a pro-rated refund minus the \$10 administrative fee. Refunds will be made in check form, and will take 2-3 weeks to process. The registrant may choose to keep their cancellation as an account credit that can be used towards future programs.

Weather Cancellations: If the weather impacts travel to/from a program, or holding a program will be unsafe for the participants or damage a field, the decision will be made to cancel. Cancellations will be made 2-3 hours before the start of the program. Lewiston Recreation will post the cancellation on our Facebook page, and will also email registered participants. We will do our best to reschedule cancelled programs.

City of Lewiston's Equity Statement

The City of Lewiston is committed to equity. Through intentional, continuous reflection and action, the City and our community systems - including education, employment, health care, housing, law enforcement, businesses and beyond - are dedicated to addressing and dismantling systems of inequity while working together to build resilient and accessible communities where people of all cultures and identities can thrive. We acknowledge that without an intentional focus on equity, we will continue to perpetuate and deepen inequality, injustice and harm. The City of Lewiston recognizes that those struggling with the impacts of systemic and persistent forms of discrimination, poverty, and lack of opportunity continue to be stigmatized, marginalized and excluded from accessing institutions and quality services needed that promote health, safety and well-being. Equity in the City of Lewiston requires a steadfast commitment to one another. The cornerstone of safeguarding equal opportunity is the ability to access resources, municipal services and educational programs regardless of identity, wealth or social standing. Equity is fair and inclusive for all members of our community, ensuring that equal opportunity exists and voices are heard and valued from those traditionally underrepresented. Here the City endeavors to create an environment where everyone is treated fairly, respectfully, and embraced, regardless of their race, ethnicity, religion, national origin, gender identity, marital or familial status, immigration status, sexual orientation, age, economic status, disability, or other individual identities expressed and experienced. The City of Lewiston has a pivotal role in achieving these goals and creating a sense of welcoming and belonging for everyone. We work together to create an equitable environment for all.

Lewiston Senior Citizen Programs

Lewiston Senior Citizens is a private organization, operated by a board of directors, elected annually. LSC oversees a variety of socialization opportunities for Lewiston's senior community, ranging from card games and BINGO, to trips. An annual \$15 membership fee includes access to all games, lunches, and trips. Member needs to pay applicable fees for each program) A complete list of offerings is located on the Lewiston Recreation Department's website at www.lewistonrecreation.com, and is also available in the monthly newsletter that gets mailed out to Lewiston Senior Citizen membership. An annual membership is required to participate in all of the below activities.



Weekly Drop-In Programs

BINGO (\$): 2nd/4th Wed of the month

Doors open 9:00 AM/Games start at 12:30 PM *Cards must be purchased by 12:15 PM- No Exceptions

Bridge (\$5): <u>Tuesdays</u> Doors open at 8:00 AM/Games start at 9:00 AM

Mahjong (FREE!): Wednesdays Doors open at 9:00 AM, Games start at 10:00 AM

Cribbage (\$ Varies): Thursdays Doors open at 8:00 AM/Games start at 9:00 AM

Pitch (FREE!): Fridays Doors open at 12:00 PM/Games start at 1:00 PM

Pinochle (FREE!): Thursdays Doors open at 12:00 PM/Games start at 1:00 PM

Upcoming Day Trips

Fosters Clambake

Date: Tuesday, June 25 Cost: \$100 per person Depart Lewiston Park and Ride at 9:30 AM

Lobster or Chicken dinner which includes clam chowder, steamed clams, mussels, corn on the cob, roasted red potato, onion, hot rolls and blueberry crumb cake. After lunch, enjoy a surprise local site in York to enjoy Expect to be home by 5:00 PM. Sign up by May 28.

Ogunquit Playhouse

Date: Wednesday, June 11 Cost: \$110 per person Depart Lewiston Park and Ride at 12:00 PM

Travel with us to Ogunquit to see "Come from Away", a true story about a small town in Newfoundland that takes in 7,000 stranded passengers on 9/11. After the play we will travel to the Clambake in Scarborough for dinner on your own. Sign up by May 7.

Age-Friendly Programs



Lewiston Recreation's Age-Friendly Program strives to increase recreational programs that support older adults in the community. If you have an idea for a program or trip, or for more information, call Stephanie Cote, Age-Friendly Recreation Coordinator, at 513-3059, or email her at scote@lewistonmaine.gov.

Spring Time Open Gym/Indoor Walking at the Armory

Days: Tuesdays and Thursdays through June 13 Times: 8:00 AM - 9:00 AM Cost: \$1 per day, or FREE for Perks Program Members! Location: Lewiston Memorial Armory

Swing by the Armory, lace up your sneakers, and enjoy a safe walking space in the cooler months. Enter through the recreation office, or through the age-friendly office space. We will have basketballs available for use.

Songo River Queen II

Date: Thursday, July 24Time: 1:00 PM - 7:00 PMCost: R \$52/NR \$55Ages: 50+Meeting Location: Lewiston Armory, Drill Room

Enjoy a narrated ride along the river and take in the sights of a Maine summer! The SONGO RIVER QUEEN II is a privately built replica of the famed Mississippi River Paddle Wheelers. The QUEEN is 93 feet long, 23

Not Your Typical Cornhole

Dates: Tuesdays, 4/29-5/20 Time: 6:00 PM - 7:30 PM Location: Lewiston Memorial Armory Age: 50+ Cost: R \$10/NR \$12

Join us in an unusual way to play corn hole! Teams will be picked at the beginning of the session. There will be 3 games in one session. Each team will have two 10 minute games to accrue as many points as possible. The third game will be "like scoring" teams will play each other for the mini play off for the evening.



feet wide, and tips the scales at over 100 tons, enabling it to offer an exceptionally smooth ride for even the most timid of passengers. Built in 1982, the QUEEN is meticulously cleaned and maintained to the highest of standards. She is rated for up to 350 passengers and is handicapped accessible. The QUEEN has two decks including an open upper deck with an attractive red striped canopy for protection from the sun and rain, as well as a fully enclosed lower deck, and there are restrooms on board.

Chair Yoga at the Armory

Date: Tuesdays and Thursdays Time: 9:00 AM - 10:00 AM Cost: R \$2/NR \$3 Ages: 50+

Location: Lewiston Armory, Drill Room Have a seat! Instructor Debbie Hallowell will guide you through a series of stretches and exercises in this group class. No experience necessary. Please wear comfortable clothes, sneakers, and bring a water bottle.

50 + Van Adventures

Dates:

Monday, May 19: Oxford Casino

Monday, June 19: The Lobster Shack in Cape Elizabeth,

Cost: R \$3 / NR \$5 Meet-up Location: Lewiston Armory at 10:00 AM

Lets hop into the Lewiston Recreation van and take a ride! We will explore Maine and what it has to offer!Each experience will be a 20 to 60 minute drive to a location. Some locations will have food and beverages you can buy at your expense and some you will need to pack a lunch. This program is for adults 50 and older.

Van Information: This a large van with side door access and small step stool to enter the van.

Dessert and Discuss, Sponsored by AARP

Join our FREE monthly educational series at the Lewiston Armory sponsored by AARP Maine!

Time and Location: 5:30 PM - 6:30 PM Senior Center, Lewiston Armory, 65 Central Avenue

Wednesday, April 30: William Healey, Lewiston's Chief Assessor, Q&A session about Lewiston's Revaluation process. Wednesday, May 21: Community Credit Union, Come learn about Estate Planning

Wednesday, June 25: Sean O'Connell, ReTreeUS, Learn all about fruit trees!

Wednesday, July 16: Maine School of Archery, Winn Brown, Archery demo from USA Archery Level III Coach Wednesday, August 20: Megan Bates, Lewiston's Deputy Director of Highway and Open Spaces, learn about the beautiful trail systems in Lewiston!

Adult Outdoor Soccer Leagues

Spring Soccer League: Sundays, 4/13 - 6/15 (Skip 4/20)
 Summer Soccer League: Sundays, 6/29 - 8/17

 Fall Soccer League: Sundays, 8/31 - 10/19
 Time: Games are played at 6PM, 7PM, and 8PM
 Cost: \$800 per team, per league
 Location: Joe Deschenes Turf Field

Our 8V8 adult spring and summer soccer leagues take place on the LHS turf, creating a fast-paced game on Sunday evenings! This is a mixed league, requiring a minimum of two women or men on the field per team. The league will max out at 12 teams. All games will have an official. Team captains must register on Lewiston Recreation Website. All players will sign a waiver the first night of each league.

Fall Adult Volleyball Leagues

Registrations open in May!

Rules for each league can be found at www.lewistonrecreation.com under the volleyball program. Please contact Tim Duchette, Recreation Aide, at tduchette@lewistonmaine.gov if you have questions, or are looking for a team.

Reverse CO-ED B League Volleyball

Date/Time: Monday nights starting in October Location: Lewiston Armory Gym

Monday Night League uses Reverse Co-Ed rules, played on a women's height net. This is geared towards veterans of the sport, and is compared to a C level tournament based on Yankee ratings.

Wednesday Night Volleyball CO-ED B League and C Leagues

Date: Wednesday nights starting in October Location: Lewiston Armory Gym

These two leagues are separate, both are played on a men's height net. B League is for veterans of the sport, and C League is for beginners.

Thursday Night Volleyball Reverse COED A Volleyball League

Dates: Thursdays starting in October Location: Lewiston Armory Gym

This league, played on **Thursdays**, is for veterans of volleyball and those who know and have played by the Reverse COED rules. This is a competitive 10 week season including playoffs (format is To Be Determined) to decide who the League Champs are! Game start times are at 7:30PM.

Adult Summer Softball Draft League

Cost: R \$35/ NR \$40 Dates: Sundays, 5/11-8/17 Times: 6:00 PM—9:00 PM Location: Morin Memorial Field

Register for "Weekend Warriors", Lewiston Recreation's Adult Slow-pitch Softball Draft League! This league offers softball with a few twists, which keeps the games moving along and everyone involved.

Registration fee includes team t-shirt, 1 game per week and tournament. League is capped at 85 players. League rules can be found at lewistonrecreation.com.

Adult (18+) Armory Drop-In Programs

All Drop-In Programs are \$2 R/\$3 NR.

Table Tennis

Days: Sundays, 4:00 PM - 6:00 PM Wednesdays, 5:30 PM - 7:30 PM

Basketball

Sundays, 7:00 PM - 9:00 PM

Pickleball**

Tuesdays, 6:00 PM - 8:00 PM (Starting 6/3)

Thursdays, 6:00 PM - 8:00 PM (Starting 5/9)

**Pickleball drop-in is subject to change due to weather. FMI on seasonal indoor pickleball, please call the Lewiston Recreation Department at 513-3005.

Outdoor Adult Pickleball

Join one of the fastest growing sports in the country! Pickleball helps with agility, balance, and hand-eye coordination. What to bring: water bottle, sneakers, clothes you can move in, and a paddle. If you need to borrow a paddle, please contact our main office. recdept@lewistonmaine.gov.

Mid May-Mid October

Days: TBD– Call Rec at 513-3005 Location: Anita Murphy Tennis Courts Cost: FREE

Outdoor Pickleball is overseen by community volunteers

Indoor Season d Octobor Mid Mi

Mid October-Mid May All-Levels: M/W/F from 9:00 AM - 12:00 PM Tu/Th from 12:00 PM - 2:00 PM Beginners: Wednesday from 12:00 pm - 2:00 PM Location: Lewiston Armory Cost: R \$2/NR \$3 Information can be found at lewistonrecreation.com

Youth Sports/Youth Enrichment

Spring T-Ball Programs Pre-K Sluggers:

Ages: 3-4 Cost: R \$55/ NR \$65 Location: Morin Memorial Fields

TWO PRACTICE NIGHTS TO CHOOSE FROM

Tuesdays, April 29 - June 3, 4:00 - 4:45

Thursdays, May 1 - June 5, 4:00 - 4:45

The Pre-K Sluggers Program will be following a SMART START format, which will introduce your little athlete to T-Ball in a fun, non-threatening way! Players will learn catching, fielding, throwing, and base running through exciting and challenging games.

Parent participation is required, please be prepared to be on the field!

Kindergarten T-Ball:

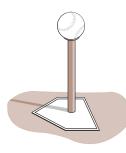
Ages: 5-6 Cost: R \$60/ NR \$70

Location: Morin Memorial Fields

THREE PRACTICE NIGHTS TO CHOOSE FROM

Tuesdays, April 29 - June 10, 5:00 - 5:45 Wednesday, April 30 - June 11, 5:00 - 5:45 Thursday, May 1 - June 12, 5:00 - 5:45

The Kindergarten T-Ball Program will teach players catching, fielding, throwing, base running and game play through exciting and fun drills. Teams will practice once a week and play games



on Saturdays! This program is open to Boys & Girls in Kindergarten between the ages of 4-6. Games will start Saturday, May 3.

If you would like to coach, please contact Stephan Samba, Community Sports Aide, at ssamba@lewistonmaine.gov. If you have a 6 year old with prior T-ball experience we recommend checking out

Spring Track Fundamentals

Date: Mondays and Tuesdays, 4/22-5/29 Time: 5:30 PM—6:30 PM

Grades: K-6 **Cost:** R \$50/ NR \$60

Location: Lewiston High School Track

This program serves as an introductory program for youth interested in experiencing the basics of Track and Field. The participants are trained in conditioning which emphasizes physical fitness.

Each practice session will involve learning the different techniques and drills associated with running and field events. Participants will also learn conditioning workouts to help make cardiovascular training more enjoyable for the younger athletes.

Summer Travel Track and Field

Date: Runs June 10 – August 7 Practices are on Monday and Tuesday Cost: R \$70/ NR \$80 Location: Lewiston High School Track Two Divisions to choose from: Ages 6-10: Practice 5:00 PM - 6:15 PM

Ages 11-15: Practice 6:00 PM - 7:15 PM

The Summer Track and Field participants are offered training and implementation in the fundamentals of Track and Field. Events your child can choose from, depending on age, are hurdles, pole vault, the long, triple and high jumps, shot-put, discus, race walk and all running and relay races. Participants are encouraged to try any event they find interesting. They can test their new found skills in competition with other teams such as Auburn, Brunswick, Topsham & Poland at weekly Track & Field meets, which are normally on Thursdays. Participants who want to compete at the state track meet must register for a **USATF Membership**. This fee is not included in the program registration price. (\$24.60 directly to USATF)

Junior Roller-Skate School

Cost: R \$50/NR \$58 Dates: Wednesdays, April 23 - May 28 Location: Lewiston Armory

Ages 5-8: 5:00 PM - 6:00 PM Ages 9-16: 6:00 PM - 7:00 PM

Come learn to skate in a safe and supportive environment with members of AFA Roller Derby in our 6 week program. Participants will be divided into 2 groups depending on skill level, though no experience is necessary. Group 1 will include skills for new skaters like moving forward, balance, falling and getting up safely, beginning stops and stepping side to side. Group 2 will teach more advanced or honed skills for those already with skating experience including all skills in group 1 as well as additional stops, intro to skating backwards, intro to crossovers and basic footwork skills.



Gear required: quad skates with clean wheels, knee pads, elbow pads, wrist pads, helmet. AFA has gear available to rent. Mouth guard recommended.

Youth Sports/Youth Enrichment

Youth Travel Lacrosse

<u>Grade 3-4 Girls:</u> R \$85/NR \$95 <u>Grade 3-4 Boys:</u> R \$85/NR \$95 <u>Grade 5-6 Girls:</u> R \$95/NR \$105 <u>Grade 5-6 Boys:</u> R \$95/NR \$105

Dates: Practices will start the week of April 24. Practices are at Montello Elementary School

Lewiston Recreation's Youth Travel Lacrosse program will start the week of April 24th, and will run through the middle of June. Players should expect two practices per week at Montello School, and a game on the weekends. Games and practice schedule will be available before April Vacation. There will be games held outside of Lewiston.

Coaches needed! Contact Tim Duchette, Recreation Aide, at tduchette@lewistnomaine.gov for more information.

REQUIRED GEAR: Players are responsible for providing their own gear. Lewiston Recreation may have extra equipment available. Please check with program organizer to see what is available. Uniforms will be provided to all players

Boys Equipment: Helmet, Stick, Chest Protector, Gloves, Elbow Guards, Cup, Mouth Guard, Cleats **Girls Equipment:** Stick, Goggles, Cleats, mouth guard



Youth Football Clinics

Partnership with the LHS Blue Devil Football Team and Boosters

Cost: R \$30/ NR \$35 **Location:** Lewiston High School **PK - Grade 3:** Sundays, 6/8-6/29, 9:00 AM - 10:00 AM **Grades 4-8:** Sundays, 6/8-6/29, 10:00 AM - 11:00 AM

Led by the Lewiston High School, Lewiston Middle School, & Lewiston Youth Football Coaches, this will be a 4 week Spring program learning the proper technique in blocking, tackling, throwing, catching, and other football fundamentals. The days will consist of variety of skills & drills with some flag football at the end of each practice.

Spring Volleyball Skills and Drills

Dates: Mondays, May 5 - June 9 (Skip 5/26, add 5/27) Times: 4:30 PM - 6:00 PM Location: Lewiston Armory Cost R\$50/NR\$60 Grades: 3 - 12 Coaches: Coach Curlee, LHS Varsity Coach Coach Ella, LHS Varsity Player Alumni



BUMP, SET, SPIKE! Lewiston Recreation will be offering spring volleyball featuring LHS Varsity Coach Jen Curlee! Through various drills & game play, they will work on how to bump, set, spike! Both programs are for new players of the sport and those who want to grow their skills. Emphasis will be on fundamental skill development.

Equipment Needed: Comfortable clothes, gym shoes, water bottle, knee pads

Kiddiesticks Lacrosse

Dates: Sundays, May 4 - June 15 (Skip 5/25) Cost: R \$50/NR \$60 Location: Deschenes Field, Lewiston High School <u>Divisions and Times</u> Pre-K and Kindergarten: 9:00 AM - 9:45 AM Grade 1-2: 10:00 AM - 11:00 AM

Get in the game! Kiddiesticks Lacrosse Program is aimed at developing basic fundamentals & skills. Young athletes will learn about positioning, participant in drills and skills, as well as basic rules of the game. **Required gear:** Stick, running shoes, and a water bottle. Visit the Lewiston Recreation Share Shop to see if we have equipment in your child's size!

Ultimate Frisbee

Dates: Mondays, April 28 - June 2 (Skip 5/26, add 5/27) Grades: 5-12 Times:30 PM - 6:00 PM Cost: FREE Location: Drouin Complex Coaches: Nicole Welch, Maine Ultimate

Ultimate Frisbee has the fast-paced movement of soccer, paired with the aerial excitement of football! Players will learn throwing, catching, basic strategy, and of course, Spirit of the Game! Emphasis will be on fundamental skill development. We are hoping to schedule 1-2 games against another team this spring.

All players will receive a disc to keep!

Equipment Needed: Comfortable clothes, cleats or sneakers, and a water bottle

Have you heard of our SHARE SHOP?

Cleats, sneakers, tennis rackets, shin guards, field hockey sticks, AND MORE! If you're in need of equipment, or want to donate lightly used goods, visit our share shop in at 65 Central Avenue, Monday-Friday from 8AM - 4:30 PM.

Youth: Introduction to Pickleball

Dates: Thursdays, May 8 - June 5 Times: 5:00 PM - 6:00 PM Location: Lewiston Armory Cost: R \$20/ NR \$25 Grades: 3 - 6

Pickleball is the fastest sport in the country, and we want to make sure that the kids get to play it too! This 5 week program will include skills, fundamentals, rules of the game, and of course, match play! Players should bring gym sneakers and comfortable clothes. Lewiston Recreation will have paddles to borrow, and children are welcome to bring their own paddle.

Summer Tennis Program

Dates: Weeks of 7/8-8/7 Cost: R \$99/NR \$109 Location: Anita Murphy Tennis Courts, LHS Coach: LHS Coach Lorraine Bowen

Join us this summer for 6 weeks of tennis fun! This program is open to boys and girls grades Pre-K through High School. All levels are welcome to come improve their skills and knowledge of the sport. Sign up for 2 days/week, or 4! LRD has rackets that players can borrow.

> Divisions and Times Pre-K: Mon/Wed 7:45 AM - 8:30 AM Pre-K: Tue/Thur 7:45 AM - 8:30 AM K - Grade 1: Mon/Wed 7:45 AM - 8:30 AM Grade 2 - 3: Mon/Wed 8:30 AM - 8:30 AM Grade 2 - 3: Tue/Thur 8:30 AM - 9:30 AM Grade 4 - 6: Mon/Wed 9:30 AM - 10:30 AM Grade 4 - 6: Tue/Thur 9:30 AM - 10:30 AM Grade 7 - 12: Mon/Wed 10:30 AM - 11:30 AM

Lewiston Envy Spring and Summer Cheering Programs

Grades: PreK-8 Location: Lewiston Armory – Drill Room Dates/Times: Tue/Thu 6:00 PM - 7:00 PM <u>Spring Program:</u> 4/23 - 6/13 <u>Summer Program</u>: 6/18 - 8/15 Cost: R \$85/ NR \$95 per program **SIGN UP FOR BOTH AN SAVE: R \$150/ NR \$165**

It's time to tumble, jump, and cheer! We are excited to continue our partnership with Cheer Envy, who brings years of experience and their love of cheerleading to Lewiston Recreation! This program is for beginners who want to learn more about tumbling and cheering, and for those with experience who want to keep up on their skills. Please wear comfortable clothes and bring a wa-

ter bottle.

Watch for information on Competition Cheering at www.lewistonrecreation.com!

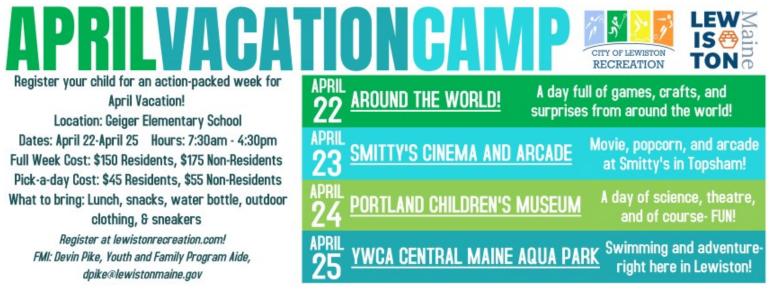
ATTENTION YOUTH LAX PLAYERS!

LRD is finalizing summer lacrosse clinics with the Lewiston High School Varsity LAX coaches:

Jeremy Finney, Girls Varsity Coach

Ben Michaud, Boys Varsity Coach,

Email Tim Duchette, Recreation Aide, at tduchette@lewistonmaine.gov for more information!





Summer Theatre Camps with THE PUBLIC THEATRE!

Location: Monday-Friday at Lewiston High School, Friday at The Public Theatre Times: 8:45 AM Drop Off - 3:00/3:15 PM Pick-Up Ages: 8-14 Cost: R \$220/NR \$240

MUSICAL THEATRE CAMPS: Led by professional theatre artists from The Public Theatre this camp is designed for young performers, ages 8-14 who love to sing and dance! Explore musical theatre in a fun, creative and engaging way while you study voice, acting and learn choreography from your favorite musicals. Musical Theatre Camp Dates:

Musical Theatre Camp I: July 7-11

Musical Theatre Camp II: July 28-August 1

THEATRE CAMPS: Led by professional theatre artists from The Public Theatre, this camp is designed for young performers ages 8-14. Through a series of fun, creative, and engaging theatre games, you'll expand your imagination, explore theater and build self-confidence, as you learn new skills to help you authentically and joyfully express yourself. Theatre Camp Dates:

Theatre Camp I: July 14-18

Theatre Camp II: July 21-July 25

Youth Volleyball Summer Camps

- BEGINNER LEVEL VOLLEYBALL CAMP-

Location: Geiger Elementary School Dates: 6/23- 6/26 Grades: 5-12 Times: 9:00 AM - 1:30 PM

This camp is geared towards players who are brand new or just began the sport. This camp will be more focused around the fundamentals such as hitting, serving, passing, but will include gameplay & other various games/drills.

- ADVANCED LEVEL VOLLEYBALL CAMP -

Location: Geiger Elementary School Dates: 6/23- 6/26 Grades: 5-12 Times: 2:00 PM - 6:30 PM

This is geared towards players who have been playing the sport for a while and/or have experience at a higher level such as club volleyball. This camp will still focus on fundamentals, but will include more related to the game such as serve receive formations, defensive positions, jump serves & more.



Players should bring food, water bottle, sneakers, and knee pads. For more information about Volleyball Summer Camp, contact Time Duchette, Recreation Aide, at tduchette@lewistionmaine.gov.

Kennedy Park Pool Opens June 24!



ATTENTION LEWISTON RESIDENTS!

Register your family for your FREE 2025 membership TODAY! Website: www.lewistonrecreation.com

FMI: Contact Lewiston Recreation at 513-3005 Memberships are free for Lewiston residents. Non-residents pay \$15 for 2024 Kennedy Park Pool membership.

Summer Camps

LEWISTON'S SUMMER REC CAMP

Join Lewiston's Summer Rec Camp! Field trips, special events, games, crafts, and entertainers are lining up our summer calendar. We hope your child can join us!





Lewiston Recreation Department 65 Central Avenue Lewiston, Maine 04240 Phone: 207-513-3005



Summer Camps

Summer REC CAMP EXTRAS!

Summer Camp Pick-A-Week: R \$200/NR \$225

Spend a week at Lewiston Recreation Summer camp! From specialty themed days, to fields trips and gym games, your child will have lots of memories from summer camp! Schedule of theme weeks will be available in June.

Teen Adventure Days: R \$45/ NR \$55

NEW THIS YEAR For those teens looking for a fun and action packed day out of the house, choose one of our Teen Adventure Days! Whether they want a day at the lake or theme park, they will have a adventure-filled day! Schedule will be available in May.

<u>Counselors-In-Training Program: R \$400/NR \$450</u> CITs join camp for the full seven weeks and learn the ins and outs of being a counselor! CITs learn problem solving skills, how to run activities, camper safety, and more, all while enjoying all the fun stuff that camp has to offer!

Extended Summer Camp: R \$200/ NR \$225 For campers who don't want the fun to end, we have added Extended Camp for the week of August 11-15. Expect special activities, gym games, and more surprises to wrap up an amazing summer at Lewiston Recreation!











Summer Camp Counselors bring the FUN, ENERGY, and EXCITEMENT to camp every day! If you like working with kids, playing games, and having nights/weekends off, consider applying for a position in our 2025 Summer Camp Program! FMI: Head to lewistonrecreation.com

Lewiston Recreation Department 2025 Discount Ticket Program









Lewiston's Spring Artisan and Craft Fair

Saturday, April 26 at the Lewiston Armory 65 Central Avenue, Lewiston Maine

Doors are open from 10:00 AM - 3:00 PM

70+ Vendors! FREE Parking! FREE ENTRY! Vendor Raffle!



The <u>DISCOUNT TICKET PROGRAM</u> brings you into the fun and action of local attractions, at a discounted price Tickets are available for purchase at Lewiston Recreation during normal business hours, and are good for the entire season. Tickets may be used on any day that the park is open in 2025.

Ticket information will be on the Lewiston Recreation website by June 1! \$1 from every purchase goes towards our recreation programs! Head to www.lewistonrecreation.com for more information!

RED SOX BUS TRIP! Saturday June 28th 4:10 PM Red Sox vs Blue Jays STO \$120 RESIDENT/\$125 NON RESIDENT INCLUDES NORTHEAST CHARTER TRANSPORTATION AND TICKET IN RIGHT FIELD GRANDSTAND RESERVE YOUR SEAT AT LEWISTONRECREATION.CO Phone: 207-513-3005 W TURF TIME SPC **HRE** SUMMER PROGRA

At Joe Deschenes Field Weekdays all summer long!

Email Stephan Samba, Community Sports Aide, at ssamba@lewistonmaine.gov for more information and to get involved!

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